

### Intent

We want our pupils to “**Grow Together in Learning and Life**” by becoming leaders and making a difference (Christian Ethos and courageous advocacy). Our PSHE curriculum is underpinned by our school’s core Christian Values of: **Respect, Courage, Friendship, Perseverance, Generosity, Truthfulness.**

It is our intention that pupils learn how to be happier, healthier and safer, with a good understanding of contributing factors to their personal, social, emotional and economic well-being and the impact that they can have on others, both locally and globally.

We want our pupils to develop the knowledge, skills and attributes they need to manage their lives, now and in the future in order to stay healthy, safe and prepare them for life and work in the modern world.

Our aim is for pupils to achieve their academic potential and leave school equipped with skills they will need throughout later life.

### Implementation

At Hillesley Church of England Primary School we use the SCARF (Safety, Caring, Achievement, Resilience, Friendship) scheme of work to plan and support our PSHE and RSE. It is centred on a values-based and ‘Growth Mindset’ approach. SCARF lessons promote positive behaviour, mental health, wellbeing, resilience, and achievement. We have chosen SCARF for our mixed-aged classes as it provides us with a comprehensive scheme of work for PSHE and RHE with lesson plans mapped to the National Curriculum which cover all of the DfE’s statutory requirements for Relationships Education and Health Education, and the PSHE Association’s Programme of Study recommended learning opportunities.



**Each year group covers the same six core themes:**

1. Me and My Relationships
2. Valuing Difference
3. Keeping Myself Safe
4. Rights and Responsibilities
5. Being at My Best
6. Growing and Changing.

SCARF is a spiral curriculum, which means that the children cover these same six themes every year, and each time they encounter a theme, it increases in complexity and reinforces previous learning. This continual revisiting with a changing focus ensures that learning becomes embedded and children continue to build upon and deepen their knowledge and understanding in all PSHE and RSE areas.

Class teachers teach our weekly lessons in PSHE/RSE as they know the pupils well and are ideally placed to support their development. The children also enjoy visits from Hillesley Parish Councillors, Police officers, Neighbourhood Wardens etc.

Our PSHE learning is also supplemented by special events such as Anti-Bullying Week, Children's Mental Health Week, Healthy School Week, and Safer Internet Day.



### **Spiritual, Moral, Social and Cultural development (SMSC)**

SMSC refers to the broader personal development of children and young people. It encompasses a wide range of values, beliefs, and experiences that shape an individual's identity and understanding of the world around them.

SMSC has been carefully considered and opportunities are identified on our curriculum plans. We regularly explore current affairs and issues in the world around during class worship, PSHE and RE and we learn about **British Values**, the protected characteristics, and practice democracy through debating and voting about different news stories.

### **Relationships and Sex Education (RSE)**

Some aspects of RSE overlap with the National Curriculum for Science, such as the main external body parts, the human body as it grows from birth to old age (including puberty), and birth and reproduction. Therefore, children cannot be withdrawn from these lessons. Conception is the only part of RSE which isn't part of the Science curriculum, and so the only small amount of non-statutory sex education that is included in SCARF is covered in a Year 6 'Making Babies' lesson.

## **Impact**

Through our PSHE/RSE curriculum, pupils are enabled to develop the vocabulary, confidence and resilience to clearly articulate their thoughts and feelings within an environment that encourage openness, trust and respect and know when and how

they can seek the support of others. They will apply their understanding of society to their everyday interactions, from the classroom and the school to the wider community they are part of.

All staff contribute to the assessment of PSHE and teachers track attainment carefully against National Curriculum objectives. We celebrate where children are developing and evaluating their PSHE/SMSC and wellbeing, often by awarding weekly 'Values Awards' in worship. There is also a termly Celebration Worship where the school community comes together to recognise children's achievements.

We believe that, through the effective delivery of the SCARF curriculum and our Christian Values for Life teaching, we enable pupils to develop the knowledge, skills and attributes they need to succeed at school and in the wider world.